



Adult Coaching Programme September to December 2018

Monday	Wednesday	Thursday	Saturday
Starts Monday 10th September for 11 sessions excluding 22nd October	Starts Wednesday 12th September for 11 sessions excluding 24th October	Starts Thursday 13th September for 11 sessions excluding 25th October	Starts Saturday 8th September for 11 sessions excluding 20th October
9.20-10.20am Doubles for Improvers at Grayshott Tennis Club £10 per session or just £80 for the 11 week course. Indoors in bad weather	9.30-10.30am Doubles for Improvers at Grayshott Tennis Club £10 per session or just £80 for the 11 week course. Indoors in bad weather	7.45-9pm Doubles Drills and Tactics for Team players at Grayshott Tennis Club £10 per session or £100 for the 11 week course	9-10am Cardio Tennis at Grayshott Tennis Club £8 per session
10.30-11.45am Doubles Drills and Tactics for Intermediate players at Grayshott Spa £10 per session or £100 for the 11 week course	10.30-11.30am Cardio Tennis at Grayshott Tennis Club £10 per session or £80 for the 11 week course. Indoors in bad weather		
	7-8pm Tennis Express at Grayshott Tennis Club £10 per session or £50 for the 6 week course (19th Sept - 31st October)		

Private coaching can be booked at other times both Indoor and Outdoors

For more information and Online Booking:
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